

## Aloha Natural Medicine

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### DISCLOSURES AND INFORMED CONSENT

**WELCOME.** We are honored to be a part of your journey to better health.

**SERVICES:** Naturopathic Medicine is a branch of the healing arts distinct from other branches. Our services include the prevention, evaluation, diagnosis, and treatment of injuries, diseases, and conditions through education, nutrition, naturopathic preparations, natural medicines, physical medicine, physical agents, and other therapies and modalities designed to support the body's natural healing processes. Our Naturopathic Doctors (ND) are registered under the Hawai'i Revised Statutes Chapter 455. Naturopathic Medicine. They are not Medical Doctors (MD), Doctors of Osteopathy (DO), Doctors of Chiropractic (DC), or Doctors of Nursing (DNP) who are licensed under separate practice acts.

**ALTERNATIVES AND COLLABORATION:** Alternatives to Naturopathic Medicine include declining such care and consulting with others such as an MD, DO, DC, or DNP. Naturopathic Medicine is not a substitute for other types of health care and we encourage you to seek second opinions, have a relationship with an MD or DO, to communicate with all your providers about the care recommended in our office, and to authorize us to attempt to collaborate with your other providers.

**RISKS:** Naturopathic Medicine is generally considered safe but may involve some risks including, without limit: all of the risks disclosed with any preparations or medicines; allergic reaction; infection; pain or discomfort; weakness, fainting, or nausea; skin irritation, discoloration, or scarring; aggravation of symptoms; mood changes; inconvenience of lifestyle changes; emotional release or emotional distress; healing crisis; and rarely, neurological injury and pneumothorax. Naturopathic Medicine may adversely interact with specific drugs and may be inappropriate during pregnancy. All female clients must alert the doctor if they know or suspect that they are pregnant. Some of the therapies used could present a risk to the pregnancy. Naturopathic manual therapies involve risks including, without limit, fractures, disc injuries, dislocations, and sprains. Additionally, hidden conditions may exist that are not detectable through examination. This may include spinal tumors, weak or occluded arteries, and aneurysms. Accordingly, some people are at risk for stroke or vascular injuries as a result of manual therapies.

**EMERGENCIES:** If you are having a medical emergency, do not wait to seek care. Call 911.

**NO GUARANTEE:** Every individual responds to care differently and no guarantee or assurance is made as to the results of care in any specific case, as care may not improve your condition.

**PAYMENT, INSURANCE, AND REFUNDS:** See our fee schedule for current rates. Payment for services is not conditional on response to care. There is no guarantee of insurance coverage. Any insurance you have is an agreement between you and your insurance carrier and you are responsible for payment of services, whether or not they are covered by insurance. You may terminate care at any time. Prorated fees for unused, prepaid services will be refunded; however, no refunds are available for opened or expired product purchases.

**CONFIDENTIALITY:** A record will be kept of health services provided to you. This record is confidential and will not be released to anyone without your written consent or legal documentation.